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## **Impaired endothelium-mediated cerebrovascular reactivity promotes anxiety and respiration disorders in mice**

Wenzel, Jan ; Hansen, Cathrin E ; Bettoni, Carla ; et al

**Abstract:** Carbon dioxide (CO<sub>2</sub>), the major product of metabolism, has a strong impact on cerebral blood vessels, a phenomenon known as cerebrovascular reactivity. Several vascular risk factors such as hypertension or diabetes dampen this response, making cerebrovascular reactivity a useful diagnostic marker for incipient vascular pathology, but its functional relevance, if any, is still unclear. Here, we found that GPR4, an endothelial H<sup>+</sup> receptor, and endothelial G<sub>q/11</sub> proteins mediate the CO<sub>2</sub>/H<sup>+</sup> effect on cerebrovascular reactivity in mice. CO<sub>2</sub>/H<sup>+</sup> leads to constriction of vessels in the brainstem area that controls respiration. The consequential washout of CO<sub>2</sub>, if cerebrovascular reactivity is impaired, reduces respiration. In contrast, CO<sub>2</sub> dilates vessels in other brain areas such as the amygdala. Hence, an impaired cerebrovascular reactivity amplifies the CO<sub>2</sub> effect on anxiety. Even at atmospheric CO<sub>2</sub> concentrations, impaired cerebrovascular reactivity caused longer apneic episodes and more anxiety, indicating that cerebrovascular reactivity is essential for normal brain function. The site-specific reactivity of vessels to CO<sub>2</sub> is reflected by regional differences in their gene expression and the release of vasoactive factors from endothelial cells. Our data suggest the central nervous system (CNS) endothelium as a target to treat respiratory and affective disorders associated with vascular diseases.

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# Impaired endothelium-mediated cerebrovascular reactivity promotes anxiety and respiration disorders in mice

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Carbon dioxide (CO<sub>2</sub>), the major product of metabolism, has a strong impact on cerebral blood vessels, a phenomenon known as cerebrovascular reactivity. Several vascular risk factors such as hypertension or diabetes dampen this response, making cerebrovascular reactivity a useful diagnostic marker for incipient vascular pathology, but its functional relevance, if any, is still unclear. Here, we found that GPR4, an endothelial H<sup>+</sup> receptor, and endothelial Gα<sub>q/11</sub> proteins mediate the CO<sub>2</sub>/H<sup>+</sup> effect on cerebrovascular reactivity in mice. CO<sub>2</sub>/H<sup>+</sup> leads to constriction of vessels in the brainstem area that controls respiration. The consequential washout of CO<sub>2</sub>, if cerebrovascular reactivity is impaired, reduces respiration. In contrast, CO<sub>2</sub> dilates vessels in other brain areas such as the amygdala. Hence, an impaired cerebrovascular reactivity amplifies the CO<sub>2</sub> effect on anxiety. Even at atmospheric CO<sub>2</sub> concentrations, impaired cerebrovascular reactivity caused longer apneic episodes and more anxiety, indicating that cerebrovascular reactivity is essential for normal brain function. The site-specific reactivity of vessels to CO<sub>2</sub> is reflected by regional differences in their gene expression and the release of vasoactive factors from endothelial cells. Our data suggest the central nervous system (CNS) endothelium as a target to treat respiratory and affective disorders associated with vascular diseases.

endothelial dysfunction | brain endothelial cells | hypercapnia | respiration | anxiety

Cerebral blood flow (CBF) supplies energy substrates to the brain and removes metabolic products. Therefore, CBF is tightly controlled (1, 2). Since the 19th century, it has been known that carbon dioxide (CO<sub>2</sub>)/H<sup>+</sup> is one of the strongest stimuli for increasing brain perfusion (3–5). While it may seem plausible that as the major product of metabolism CO<sub>2</sub> increases CBF to enhance its removal and replenish nutrients, a physiological function of cerebrovascular reactivity to CO<sub>2</sub> has never been proven experimentally. Also, the molecular mechanisms underlying cerebrovascular reactivity are still debated. This lack of knowledge is surprising because many patients suffering from neurological, cardiovascular, and metabolic diseases show major alterations in cerebrovascular reactivity. In fact, cerebrovascular reactivity is routinely monitored as a diagnostic marker to detect early stages of vascular pathology (6). In the context of the multifaceted conditions associated with vascular risk factors, it has been difficult

to delineate the functional consequences of impaired cerebrovascular reactivity. Therefore, we have investigated the mechanisms underlying CO<sub>2</sub>-induced perfusion changes in the brain. Based on the obtained knowledge, we were able to selectively interfere with cerebrovascular reactivity and unexpectedly found that its integrity is required for the regulation of respiration and emotional behavior.

## Results

**CO<sub>2</sub>-Induced CBF Response Depends Partially on GPR4.** As an important mediator of the neuronal response to CO<sub>2</sub>/H<sup>+</sup>, ATP is released by erythrocytes (7) and parenchymal cells (8). ATP regulates the diameter of cerebral arterioles by acting on purinergic P<sub>2</sub>Y receptors, including P<sub>2</sub>Y<sub>2</sub>, in endothelial and smooth muscle cells of the brain (9–11). Therefore, we examined the effect of

## Significance

The ability of blood vessels to respond to endogenous and exogenous stimuli is of high importance. Several diseases lead to an impairment of vascular reactivity, especially in the brain. Here, we show that the functional consequences of impaired cerebrovascular reactivity differ between brain areas and depend on whether vessels constrict or dilate as a response to CO<sub>2</sub>. A loss of vascular reactivity to carbon dioxide induces anxiety and changes respiration, even at a basal state. Area-specific vascular responses can be explained by characteristic gene expression patterns and release of vasoactive mediators.

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The authors declare no competing interest.

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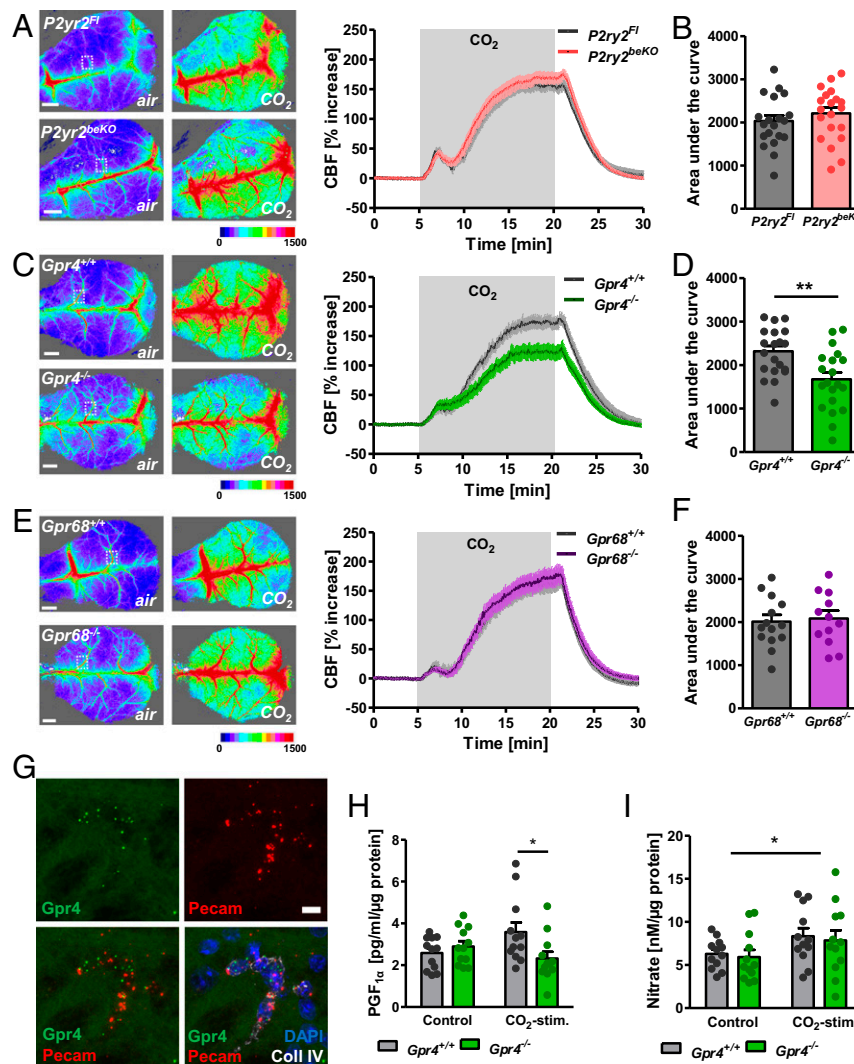
Data deposition: Microarray data have been deposited in the ArrayExpress database at EMBL-EBI (<https://www.ebi.ac.uk/arrayexpress/>) under accession no. E-MTAB-8521.

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deleting brain endothelial  $P_2Y_2$  on  $CO_2$ -induced cerebral perfusion. We generated a mouse line that carries the brain endothelial-specific cre driver *Slco1c1-CreER<sup>T2</sup>* (12) combined with a loxP-flanked  $P_2Y_2$  gene (13) to delete this receptor selectively in the brain endothelium (*P2yr2<sup>beKO</sup>* mice) and confirmed the knockout by using mRNA quantification and calcium imaging in primary forebrain endothelial cells (PFBECS) (14) (*SI Appendix, Fig. S1A and B*). To investigate the effect of  $CO_2$  on CBF, mice were artificially ventilated with normal air or a gas mix containing increased  $CO_2$  concentrations without changing oxygen levels. CBF was measured by laser speckle imaging.  $CO_2$  induced a similar increase in cortical perfusion of control and *P2yr2<sup>beKO</sup>* mice (Fig. 1 *A and B*). Thus, the endothelial  $P_2Y_2$  receptor is not involved in

increasing cortical blood flow upon  $CO_2$  exposure. Therefore, we tested the alternative hypothesis that  $CO_2/H^+$  could be directly sensed by specific receptor proteins in the brain vasculature. In buffered biological systems,  $CO_2$  is rapidly converted into protons and bicarbonate. Protons mediate most of the physiological effects of  $CO_2$ , such as respiratory stimulation (15) or fear responses (16). In addition, cerebral perfusion reacts to acidosis with strong vasodilation. Recently, several groups reported that some orphan G protein-coupled receptors (GPCRs) were activated by  $H^+$  in a narrow physiological range (17, 18). Among them, GPR4 and GPR68 are expressed in vessels (18, 19). To examine the role of  $H^+$  sensing by GPCRs during a  $CO_2$ -induced CBF increase, we investigated knockout mice for each of the receptors (15). GPR4



**Fig. 1.** GPR4 mediates  $CO_2$ -induced perfusion increase in the cortex. (A) Representative images taken before (air) and during  $CO_2$  stimulation, and quantification of laser speckle imaging measuring cortical perfusion of *P2yr2<sup>beKO</sup>* and control mice during artificial ventilation with 20%  $CO_2$ . An exemplary region of analysis is indicated by the white dotted box. (B) Areas under the curves shown in A;  $n = 19$  to 20 mice per group. (C) Representative images taken before (air) and during  $CO_2$  stimulation, and quantification of laser speckle imaging of *Gpr4<sup>+/+</sup>* and control mice during artificial ventilation with 20%  $CO_2$ . An exemplary region of analysis is indicated by the white dotted box. (D) Areas under the curves shown in C. Student's  $t$  test,  $^{**}P < 0.01$ ;  $n = 20$  mice per group. (E) Representative images taken before (air) and during  $CO_2$  stimulation, and quantification of laser speckle imaging of *Gpr68<sup>+/+</sup>* and control mice during artificial ventilation with 20%  $CO_2$ . An exemplary region of analysis is indicated by the white dotted box. (F) Areas under the curves shown in E;  $n = 12$  to 14 mice per group. (G) In situ hybridization of *Gpr4* mRNA shows coexpression with the endothelial cell marker *Pecam* and colocalization with the basement membrane protein collagen IV. (Scale bar, 10  $\mu m$ .) The figure is a magnified image of *SI Appendix, Fig. S1E*. (H) PGF<sub>1α</sub> as a surrogate for prostacyclin release of PFBECS of *Gpr4<sup>+/+</sup>* and control mice after 30-min stimulation with 5% (control) or 15%  $CO_2$ .  $^{*}P < 0.05$  (2-way ANOVA with Bonferroni posttest);  $n = 12$  per group. (I) Assessment of NO release by measurement of nitrate concentrations in the supernatant of PFBECS of *Gpr4<sup>+/+</sup>* and control mice after 30-min stimulation with 5% (control) or 15%  $CO_2$ .  $^{*}P < 0.05$  (2-way ANOVA with Bonferroni posttest);  $n = 12$  per group. Data are means  $\pm$  SEM. Color scales in A, C, and E indicate arbitrary units of laser speckle images. (Scale bars in A, C, and E, 1 mm.).

knockout decreased CO<sub>2</sub>-induced blood flow stimulation (Fig. 1 C and D), whereas we found no effect of the deletion of GPR68 on this response (Fig. 1 E and F). In the periphery, GPR68 is mainly expressed in smooth muscle cells while GPR4 has been mostly detected in endothelial cells, also in the brain (18–20). In line with the described localization, we detected GPR68 expression in brain vessel fragments containing smooth muscle cells, pericytes, and endothelial cells, but not in PFBEs (SI Appendix, Fig. S1C), whereas GPR4 was enriched in both vessel fragments and PFBEs compared to whole-brain lysate (SI Appendix, Fig. S1D). In situ hybridization confirmed that *Gpr68* mRNA is colocalized with smooth muscle cells in vessels of the brain (SI Appendix, Fig. S1F), whereas *Gpr4* mRNA is colocalized mainly with endothelial cells in brain tissue (Fig. 1G and SI Appendix, Fig. S1E). In contrast to previous reports on another GPR4 knockout mouse line (21), we did not observe any morphological changes of the brain microvasculature (SI Appendix, Fig. S1G and H).

The involvement of GPR4 implies that increased CO<sub>2</sub>/H<sup>+</sup> concentrations are sensed by endothelial rather than by smooth muscle cells. To characterize the endothelial signaling pathway, we stimulated PFBEs with increased CO<sub>2</sub> in a physiological, bicarbonate-buffered solution, lowering the pH to ~7.0. We measured PGF<sub>1α</sub> and nitrate as stable products of the endothelial-derived vasodilating mediators prostacyclin and nitric oxide (NO) and found both to be increased upon CO<sub>2</sub> exposure (Fig. 1H and I). Prostacyclin release but not NO release was dependent on GPR4, indicating more than one mechanism by which CO<sub>2</sub> induces vasodilation via endothelial cells. GPR4 is able to induce Gα<sub>s</sub>- and cAMP- as well as Gα<sub>q/11</sub>-mediated signaling pathways (18, 22, 23). Unexpectedly, CO<sub>2</sub> did not increase, but rather decreased cAMP production in PFBEs (SI Appendix, Fig. S2A), indicating another mechanism in the brain endothelium, such as coupling to Gα<sub>q/11</sub> pathways (23). Indeed, we observed a similar decrease in prostacyclin release when we treated PFBEs with a specific and effective inhibitor of Gα<sub>q/11</sub> signaling (SI Appendix, Fig. S2B and C). Additionally, by blocking this pathway the NO release was reduced in PFBEs after stimulation with CO<sub>2</sub> (24) (SI Appendix, Fig. S2D).

To verify the involvement of Gα<sub>q/11</sub> proteins, we used a strategy that was applied successfully in previous studies (13) and is based on the parallel deletion of *Gna11* and *Gnaq* as the respective gene products are able to compensate for each other. We combined a *Gna11* knockout, loxP-flanked *Gnaq* alleles (13), and the brain endothelial-specific *Slco1c1*-CreER<sup>T2</sup> driver (12), leading to a tamoxifen-inducible knockout of Gα<sub>q/11</sub> in brain endothelial cells (Gα<sub>q/11</sub><sup>beKO</sup> mice). We confirmed the deletion by quantifying *Gnaq* mRNA levels (SI Appendix, Fig. S3A) and intracellular Ca<sup>2+</sup> concentrations in PFBEs in response to ATP (SI Appendix, Fig. S3B). As seen with the Gα<sub>q/11</sub> inhibitor, the increase of prostacyclin and NO release upon CO<sub>2</sub> stimulation was clearly reduced in PFBEs of Gα<sub>q/11</sub><sup>beKO</sup> mice compared to controls (SI Appendix, Fig. S3C and D). Supporting the involvement of NO, the endothelial NO synthase (eNOS) was phosphorylated by CO<sub>2</sub> and this activation was impaired in PFBEs of Gα<sub>q/11</sub><sup>beKO</sup> animals (SI Appendix, Fig. S3E). Overall, the data suggest that CO<sub>2</sub>/H<sup>+</sup> increase cortical CBF via the endothelial H<sup>+</sup>-sensitive receptor GPR4, intracellular Gα<sub>q/11</sub> proteins, and the release of prostacyclin and NO.

**CO<sub>2</sub>-Induced CBF Response Depends on Endothelial Gα<sub>q/11</sub> Signaling.** To investigate the role of endothelial Gα<sub>q/11</sub> signaling in the CO<sub>2</sub>/H<sup>+</sup>-induced cerebrovascular response in vivo, we used a gas mix containing 10% or 20% CO<sub>2</sub> to ventilate Gα<sub>q/11</sub><sup>beKO</sup> mice. These stimuli profoundly increased arterial pCO<sub>2</sub> and reduced arterial pH with no difference between genotypes (SI Appendix, Fig. S4A–C). At a basal state, we did not find any changes in venous blood gases in Gα<sub>q/11</sub><sup>beKO</sup> mice (SI Appendix, Fig. S4D–F). The brain endothelial-specific Gα<sub>q/11</sub> deletion interfered with

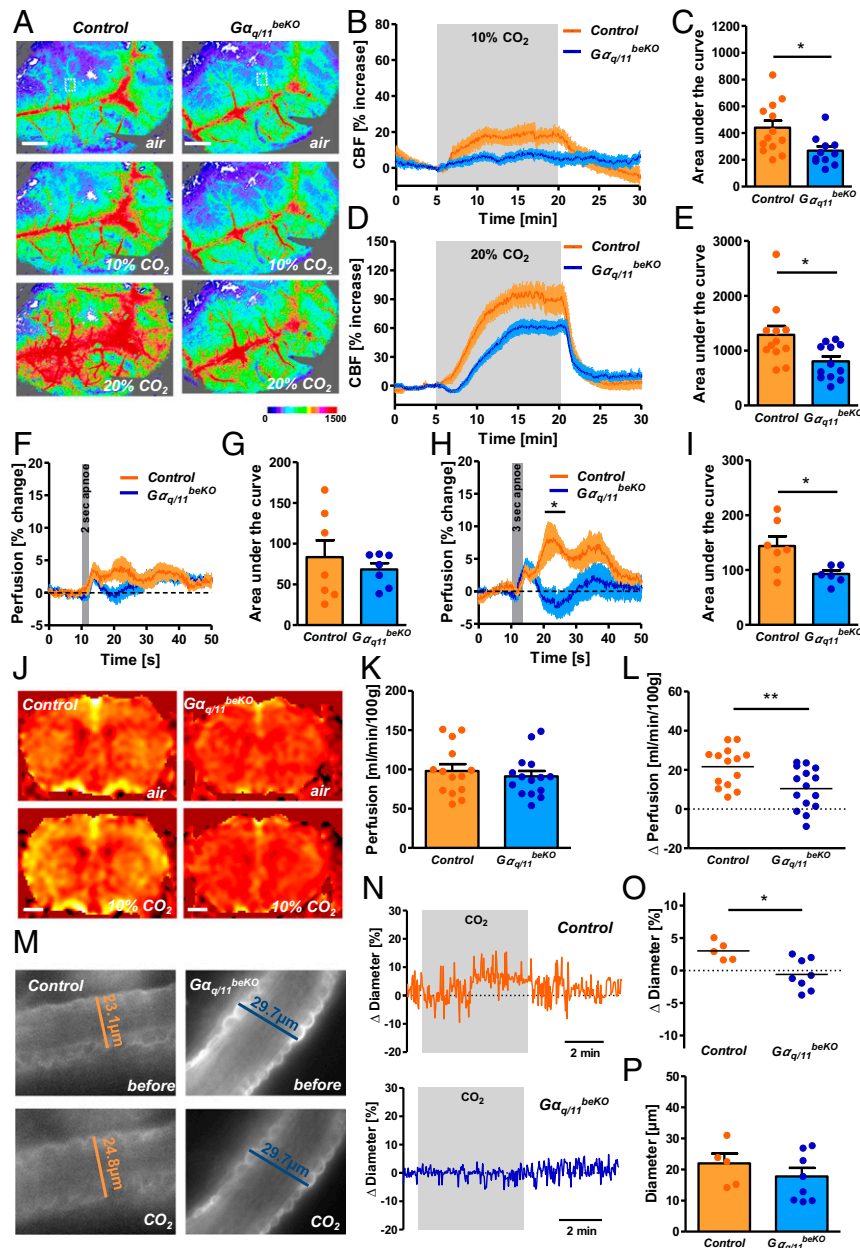
the CO<sub>2</sub>-induced CBF increase to an even greater extent than *Gpr4* knockout (Fig. 2A–E). After a shorter stimulus of 10% CO<sub>2</sub> there was almost no effect of CO<sub>2</sub> on cortical perfusion in Gα<sub>q/11</sub><sup>beKO</sup> mice (SI Appendix, Fig. S4G and H). In addition, endogenously induced CO<sub>2</sub>/H<sup>+</sup> elevation via hypoventilation increased CBF in control mice but less so in Gα<sub>q/11</sub><sup>beKO</sup> animals (SI Appendix, Fig. S4I and J). Even short apneic periods (3 s) markedly increased CBF in control mice but less so in Gα<sub>q/11</sub><sup>beKO</sup> animals (Fig. 2F–I). In contrast, the whole-genome knockout of only *Gna11* did not affect cortical CO<sub>2</sub>-induced perfusion (SI Appendix, Fig. S4K and L). As deleting Gα<sub>q/11</sub> in all endothelial cells of the body, using another cre mouse line, induced arterial hypertension (13)—which has been shown to be a confounding factor in CBF studies—we examined the blood pressure in Gα<sub>q/11</sub><sup>beKO</sup> mice using telemetry. In contrast to the global endothelial deletion, the brain endothelial-specific deletion of Gα<sub>q/11</sub> in Gα<sub>q/11</sub><sup>beKO</sup> mice did not affect blood pressure or heart rate (SI Appendix, Fig. S4M and N).

Laser speckle imaging is not suitable for measuring absolute perfusion in tissues. Therefore, we used arterial spin labeling MRI to quantify brain perfusion. We did not detect a difference in brain perfusion between Gα<sub>q/11</sub><sup>beKO</sup> and control mice (Fig. 2J and K), which suggests that endothelial Gα<sub>q/11</sub> signaling may not play a role in the unstimulated cerebrovascular tone, at least during anesthesia. However, CO<sub>2</sub> exposure again led to a prominent increase in cerebral perfusion in control mice and this effect was diminished in Gα<sub>q/11</sub><sup>beKO</sup> animals (Fig. 2J and L). The impaired vascular reactivity in Gα<sub>q/11</sub><sup>beKO</sup> mice is stimulus-specific because the CBF response to the vasodilatory anesthetic isoflurane did not differ between Gα<sub>q/11</sub><sup>beKO</sup> and control mice, in contrast to the response to CO<sub>2</sub> (SI Appendix, Fig. S4O). An unchanged vessel density and normal coverage of cortical vessels by pericytes, smooth muscle cells, and basement membrane proteins (SI Appendix, Fig. S5A–F) support the finding that endothelial Gα<sub>q/11</sub> signaling is not necessary for baseline perfusion or normal vessel morphology in the brain, but is essential for the reactivity to CO<sub>2</sub>/H<sup>+</sup>.

Cerebral arterioles have been reported to dilate upon CO<sub>2</sub>/H<sup>+</sup> (25). To investigate individual vessels, we generated acute cortical brain slices and measured CO<sub>2</sub>/H<sup>+</sup>-induced diameter changes in arterioles by using a method described recently (26). As expected from the above data, the deletion of endothelial Gα<sub>q/11</sub> signaling led to a loss of CO<sub>2</sub>-induced arteriolar vessel dilation in cortical brain slices (Fig. 2M–O), whereas normal reactivity was observed upon calcium withdrawal and exposure to a high concentration of potassium (SI Appendix, Fig. S5G and H), demonstrating that the reduced response to CO<sub>2</sub>/H<sup>+</sup> was not due to a general morphological or functional impairment of vessel reactivity. In support of this, diameters of unstimulated arterioles were not altered in cortical slices of Gα<sub>q/11</sub><sup>beKO</sup> mice (Fig. 2P). Taken together, our data indicate that endothelial cells play a critical role during CO<sub>2</sub>-induced blood flow responses in the brain as they are able to sense H<sup>+</sup> changes by GPR4 and Gα<sub>q/11</sub> signaling and mediate the subsequent vascular reaction.

**Impaired Vascular Reactivity to CO<sub>2</sub> Aggravates CO<sub>2</sub>-Evoked Fear Response.** Having established a mouse model of impaired cerebrovascular reactivity, we were able to investigate the physiological functions of CO<sub>2</sub>/H<sup>+</sup>-induced perfusion changes. Elevated CO<sub>2</sub> concentrations elicit several behavioral and respiratory responses that help lower CO<sub>2</sub> in the body. As a prominent effect, CO<sub>2</sub> leads to what has been interpreted as a suffocation alarm (27), consisting of fear and panic reactions in mice and humans by activating chemosensitive brain areas, including the basolateral amygdala (16). To investigate cerebrovascular reactivity in the amygdala, we prepared acute brain slices of this area and measured arteriolar diameter changes after a CO<sub>2</sub> stimulus. Again, as seen in cortical slices before, elevated CO<sub>2</sub> concentrations increased vessel diameters, a response that was almost absent in slices of Gα<sub>q/11</sub><sup>beKO</sup> mice

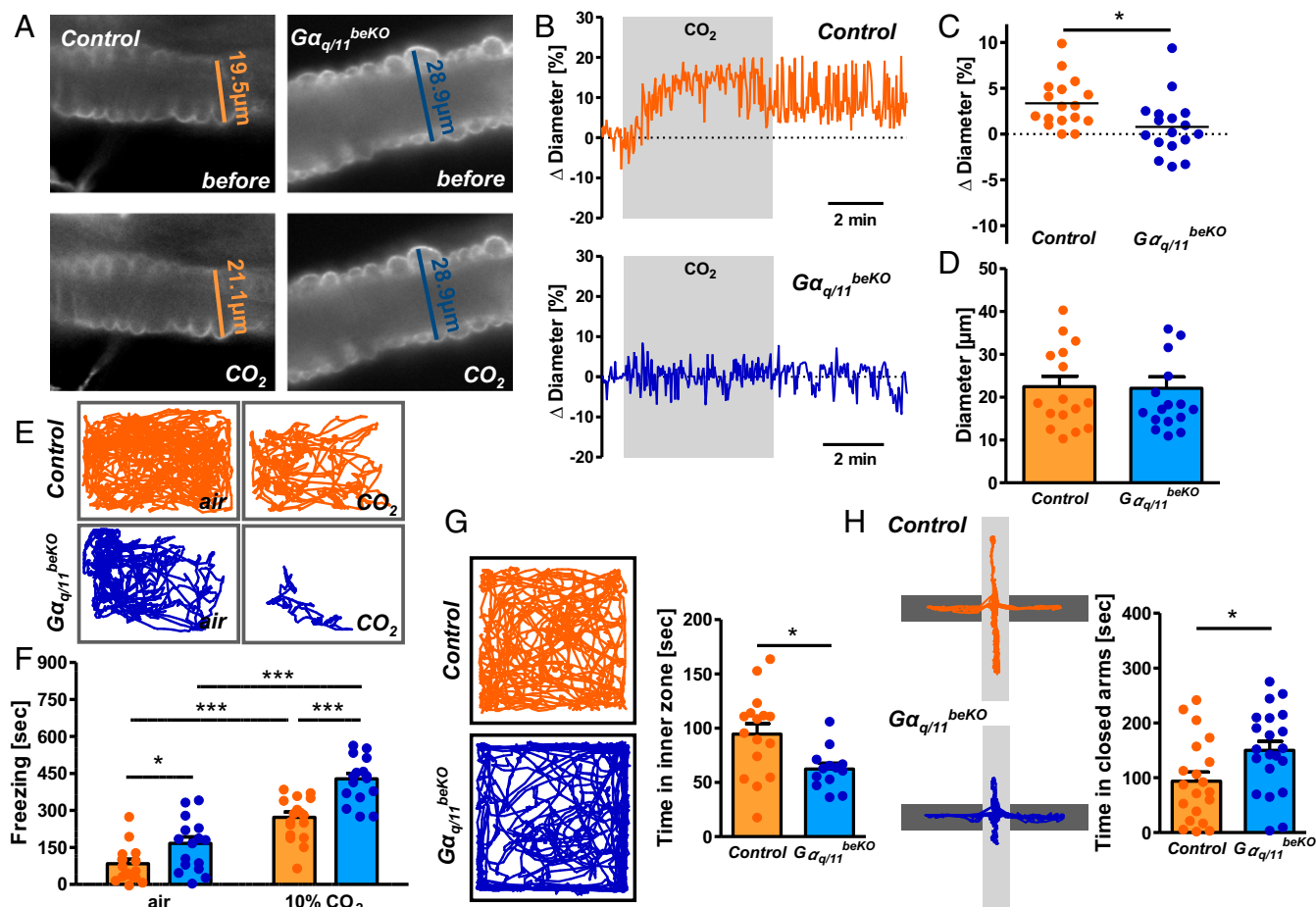




**Fig. 2.** Endothelial  $G_{\alpha q/11}$  signaling mediates  $CO_2$ -induced perfusion increase in the cortex. (A) Representative images of laser speckle recordings of  $G_{\alpha q/11}^{beKO}$  and control mice ventilated with different  $CO_2$  concentrations taken before (air) and during  $CO_2$  stimulation. Color scale indicates arbitrary units. An exemplary region of analysis is indicated by the white dotted box. (Scale bars, 1 mm.) (B and D) Quantification of laser speckle imaging measuring cortical perfusion of  $G_{\alpha q/11}^{beKO}$  and control mice during artificial ventilation with 10%  $CO_2$  (B) or 20%  $CO_2$  (D). (C and E) Areas under the curves shown in B or D, respectively. Mann–Whitney  $U$  test,  $*P < 0.05$ ;  $n = 11$  to 13 mice per group. (F and H) Quantification of laser speckle imaging measuring cortical perfusion of  $G_{\alpha q/11}^{beKO}$  and control mice during and after short apneic periods of 2 (F) or 3 (H) seconds.  $*P < 0.05$  (RM-ANOVA with Bonferroni posttest);  $n = 6$  to 7 mice per group. (G and I) Areas under the curves shown in F or H, respectively. Mann–Whitney  $U$  test,  $*P < 0.05$ ;  $n = 6$  to 7 mice per group. (J) Representative images of arterial spin labeling (ASL)-MRI of  $G_{\alpha q/11}^{beKO}$  and control mice before (air) and during stimulation with 10%  $CO_2$ . (K) Quantification of ASL-MRI perfusion measurements in the cortex of unstimulated  $G_{\alpha q/11}^{beKO}$  and control mice;  $n = 14$  to 15 mice per group. (L) Difference in ASL-MRI perfusion measurements in the cortex of  $CO_2$ -exposed and unexposed  $G_{\alpha q/11}^{beKO}$  and control mice. Student's  $t$  test,  $**P < 0.01$ ;  $n = 14$  to 15 mice per group. (M) Representative images of stained arterioles in acute cortical brain slices of  $G_{\alpha q/11}^{beKO}$  and control mice before and during stimulation with  $CO_2$ . (N) Representative traces of diameter measurements in acute cortical brain slices of  $G_{\alpha q/11}^{beKO}$  and control mice during stimulation with  $CO_2$ . (O) Change in arteriolar diameters after stimulation with  $CO_2$  in acute cortical brain slices of  $G_{\alpha q/11}^{beKO}$  and control mice (1 arteriole per animal, mean of 3 different sites of each vessel;  $n = 5$  to 8 mice per group). Mann–Whitney  $U$  test,  $*P < 0.05$ . (P) Baseline diameters of the measured arterioles in acute cortical brain slices of  $G_{\alpha q/11}^{beKO}$  and control mice;  $n = 5$  to 8 mice per group. Data are means  $\pm$  SEM.

(Fig. 3 A–C). However, no changes were seen in the effects of control stimuli (SI Appendix, Fig. S6 A and B) or baseline diameter (Fig. 3D). As  $CO_2$ -induced blood flow response was impaired in the amygdala, we exposed freely moving mice to 10%

$CO_2$  for 10 min to determine freezing behavior as a measure of the fear response. Confirming its known effect, 10%  $CO_2$  increased freezing in control mice (Fig. 3 E and F) (16). Even more pronounced was the response of  $G_{\alpha q/11}^{beKO}$  mice, which

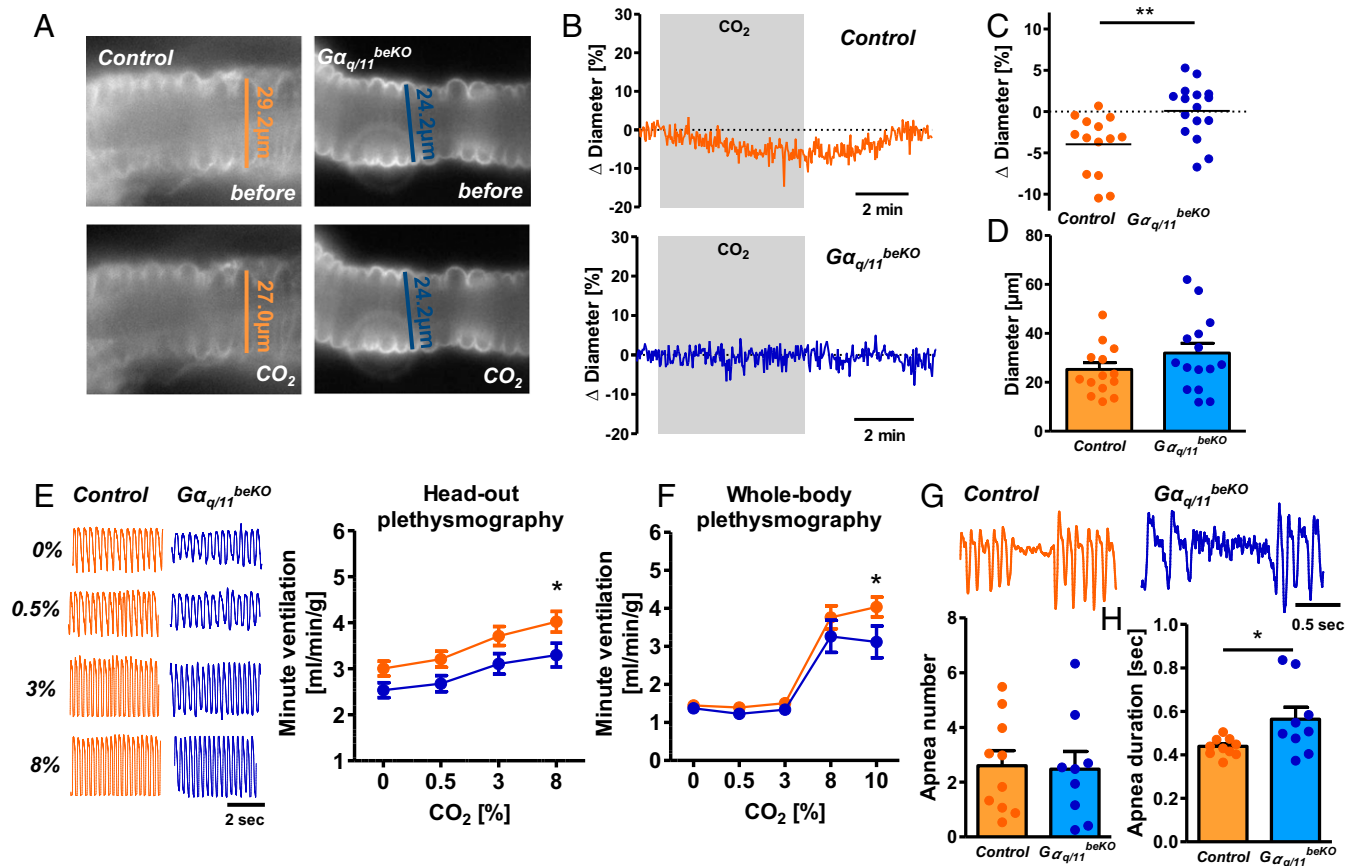


**Fig. 3.** Impaired vascular reactivity to CO<sub>2</sub> in the amygdala leads to increased fear responses. (A) Representative images of stained arterioles in acute amygdala slices of *Gα<sub>q/11</sub><sup>beKO</sup>* and control mice before and during stimulation with CO<sub>2</sub>. (B) Representative traces of diameter measurements in acute amygdala slices of *Gα<sub>q/11</sub><sup>beKO</sup>* and control mice during stimulation with CO<sub>2</sub>. (C) Change in arteriolar diameters after stimulation with CO<sub>2</sub> in acute amygdala slices of *Gα<sub>q/11</sub><sup>beKO</sup>* and control mice (1 arteriole per animal, mean of 3 different sites of each vessel, *n* = 17 mice per group). Student's *t* test, \**P* < 0.05. (D) Baseline diameters of the measured arterioles in acute amygdala slices of *Gα<sub>q/11</sub><sup>beKO</sup>* and control mice; *n* = 17 mice per group. (E) Representative track reports of *Gα<sub>q/11</sub><sup>beKO</sup>* and control mice exposed to normal air or CO<sub>2</sub>. (F) Quantification of freezing behavior during a 10-min normal air or 10% CO<sub>2</sub> exposure in *Gα<sub>q/11</sub><sup>beKO</sup>* and control mice. \**P* < 0.05, \*\*\**P* < 0.001 (2-way ANOVA with Bonferroni posttest); *n* = 16 to 17 mice per group. (G) Representative track reports of *Gα<sub>q/11</sub><sup>beKO</sup>* and control mice during a 10-min open field test and quantification of the time mice spent in the inner zone of the open field arena. Student's *t* test, \**P* < 0.05; *n* = 13 to 16 mice per group. (H) Representative track reports of *Gα<sub>q/11</sub><sup>beKO</sup>* and control mice during a 5-min elevated plus maze test and quantification of the time mice spent in the closed arm of the maze. Student's *t* test, \**P* < 0.05; *n* = 13 to 16 mice per group. Data are means ± SEM.

showed significantly more freezing behavior upon CO<sub>2</sub> exposure than control mice (Fig. 3 *E* and *F*). These findings point to an important influence of vessel reactivity on the chemosensitivity response.

During everyday activities, such as speaking in humans or sniffing in mice, breathing is irregular, resulting in small alterations in blood CO<sub>2</sub>/pH and corresponding changes in cerebral perfusion (28). This relationship may explain why freezing behavior was slightly higher in *Gα<sub>q/11</sub><sup>beKO</sup>* mice already with normal air (Fig. 3 *E* and *F*). We performed further tests to assess baseline anxiety-like behavior. Open field test and elevated plus maze confirmed a significantly higher anxiety-like behavior in *Gα<sub>q/11</sub><sup>beKO</sup>* than in control mice (Fig. 3 *G* and *H*). In contrast, coordination, grip strength, and memory, as well as explorative and hedonic behavior did not differ between genotypes (*SI Appendix*, Fig. S6 *C–G*), indicating that cerebrovascular reactivity is specifically required to regulate the chemosensitive fear and anxiety-like behavior, probably because it compensates for small fluctuations of blood CO<sub>2</sub>/pH levels. This mechanism may contribute to the increased anxiety level that is observed in obese humans and animals in which cerebrovascular reactivity is impaired (29, 30).

**Impaired Cerebrovascular Reactivity Decreases CO<sub>2</sub>-Evoked Respiration and Prolongs Apneic Episodes.** Importantly, CO<sub>2</sub> regulates respiration. CO<sub>2</sub> increases breathing frequency and tidal volume by acting on different central areas, most of which are located in the brainstem (31). Direct sensor proteins for increased CO<sub>2</sub>/H<sup>+</sup>, including GPR4 and TASK2, were identified in neurons of the retrotrapezoid nucleus (RTN) (15). Brainstem neurons that are involved in sensing CO<sub>2</sub> are closely associated with vessels (32, 33), placing them in an ideal position to rapidly sense CO<sub>2</sub> changes. To examine vascular reactivity in the RTN we exposed acute brainstem slices to CO<sub>2</sub>, measuring the arteriolar response in the RTN. In contrast to the findings in the cortex and amygdala, RTN arterioles responded to CO<sub>2</sub> with constriction (Fig. 4 *A–C*), revealing opposite vascular reactivity in different brain areas as previously reported in rats (26). Notably, RTN vessels of *Gα<sub>q/11</sub><sup>beKO</sup>* mice did not constrict upon CO<sub>2</sub> exposure. As shown already for cortex and amygdala, arterioles of the RTN responded to Ca<sup>2+</sup> withdrawal and K<sup>+</sup> exposure like control vessels (*SI Appendix*, Fig. S7 *A* and *B*) and had the same baseline diameter (Fig. 4*D*). Thus, CO<sub>2</sub>-induced cerebrovascular reactivity depends on endothelial *Gα<sub>q/11</sub>* signaling in all territories,



**Fig. 4.** Impaired vascular reactivity to CO<sub>2</sub> leads to respiratory changes. (A) Representative images of stained arterioles in acute RTN slices of *Gα<sub>q/11</sub><sup>beKO</sup>* and control mice before and during stimulation with CO<sub>2</sub>. (B) Representative traces of diameter measurements in acute RTN slices of *Gα<sub>q/11</sub><sup>beKO</sup>* and control mice during stimulation with CO<sub>2</sub>. (C) Change in arteriolar diameters after stimulation with CO<sub>2</sub> in acute RTN slices of *Gα<sub>q/11</sub><sup>beKO</sup>* and control mice (1 arteriole per animal, mean of 3 different sites of each vessel). Student's *t* test, *\*\*P* < 0.01; *n* = 14 to 16 mice per group. (D) Baseline diameters of the measured arterioles in acute RTN slices of *Gα<sub>q/11</sub><sup>beKO</sup>* and control mice; *n* = 14 to 16 mice per group. (E) Representative respiratory flow traces of *Gα<sub>q/11</sub><sup>beKO</sup>* and control mice exposed to different concentrations of CO<sub>2</sub> and the quantification thereof, recorded by head-out plethysmography. *\*P* < 0.05 (RM-ANOVA with Bonferroni posttest). (F) Respiratory flow of *Gα<sub>q/11</sub><sup>beKO</sup>* and control mice exposed to different CO<sub>2</sub> concentrations, as recorded by whole-body plethysmography. *\*P* < 0.05 (RM-ANOVA with Bonferroni posttest); *n* = 7 to 9 mice per group. (G) Representative apnea phases of *Gα<sub>q/11</sub><sup>beKO</sup>* and control mice recorded by whole-body plethysmography during the inactive period and quantification of the number of apneic phases; *n* = 9 to 10 mice per group. (H) Mean duration of all recorded apnea within 1 h during the inactive period of the day for each mouse in *Gα<sub>q/11</sub><sup>beKO</sup>* and control mice. Student's *t* test, *\*P* < 0.05; *n* = 9 to 10 mice per group. Data are means ± SEM.

although the effects on vessel diameters differ. To evaluate whether the opposing reactivity of RTN and cortical arterioles is specific for CO<sub>2</sub> stimulation, we employed several other vasoactive factors. Sodium nitroprusside, endothelin-1, the thromboxane receptor agonist U46619, and ATP (SI Appendix, Fig. S7 C–F) had similar effects on the diameter of arterioles in cortex and brainstem slices.

To determine whether the peculiar, CO<sub>2</sub>-induced vasoconstriction in the RTN impacts respiration, we measured breathing parameters during CO<sub>2</sub> exposure in awake *Gα<sub>q/11</sub><sup>beKO</sup>* and control mice. First, we used a head-out plethysmography setup and exposed control and *Gα<sub>q/11</sub><sup>beKO</sup>* mice to different CO<sub>2</sub> concentrations. In contrast to the exaggerated fear response in *Gα<sub>q/11</sub><sup>beKO</sup>* mice, changes in ventilation volume per minute upon CO<sub>2</sub> exposure were reduced and not increased in *Gα<sub>q/11</sub><sup>beKO</sup>* mice as compared to control mice (Fig. 4E and SI Appendix, Fig. S8 A and B). To verify this finding with another method, we assessed respiration by whole-body plethysmography. The respiratory response to CO<sub>2</sub> (10%) was again impaired in *Gα<sub>q/11</sub><sup>beKO</sup>* mice (Fig. 4F and SI Appendix, Fig. S8 C and D). These differences were also present under normal air conditions (SI Appendix, Fig. S8E). In summary, the data suggest that the vasoconstrictive effect of CO<sub>2</sub> in

the RTN enhances respiratory stimulation while vasodilation in other brain areas counteracts CO<sub>2</sub>-induced behavioral responses.

Similar to the fear behavior, we observed a tendency for differing respiration between *Gα<sub>q/11</sub><sup>beKO</sup>* and control mice during the plethysmographic recordings already without CO<sub>2</sub> (Fig. 4E and SI Appendix, Fig. S8 A–E). Thus, we examined respiration for a longer period during the inactive phase to detect apneic episodes. We did not find any differences in the incidence of apnea (Fig. 4G) but the duration of the apneic periods was longer in *Gα<sub>q/11</sub><sup>beKO</sup>* than in control mice (Fig. 4G and H), indicating a role of blood flow in reinitiating breathing after a break in respiration. In summary, the data reveal that cerebrovascular reactivity is required to maintain normal respiration and to shorten periods of nonbreathing. Therefore, impaired cerebrovascular reactivity would render patients susceptible to apneic episodes, potentially explaining this complication in diseases like diabetes or obesity (34, 35).

**Brain Area-Dependent Vascular Gene Expression Supports Different Regulation of CO<sub>2</sub>-Induced Vascular Reactivity.** To examine the potential basis for the opposing effects of CO<sub>2</sub> on the vascular reactivity in brainstem compared to other brain areas, we prepared cortical and brainstem vessel fragments of control and



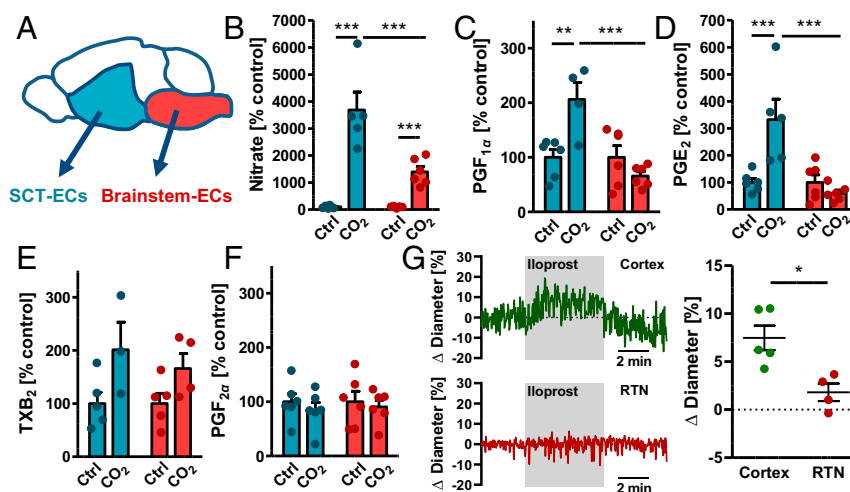
$G\alpha_{q/11}^{beKO}$  mice and performed microarrays to determine mRNA expression. The preparations from brainstem and cortex were similar in terms of endothelial marker genes, but we found the mRNA expression of *Nos3* (eNOS) and of genes involved in prostanoid synthesis and sensing to differ significantly between vascular fragments of the cortex and the brainstem (SI Appendix, Table S1). None of these genes differed between control and  $G\alpha_{q/11}^{beKO}$  mice (SI Appendix, Table S2).

To characterize the differences between brain areas further, we prepared primary brain endothelial cells from the brainstem and from the subcortical telencephalon (SCT) containing the amygdala (Fig. 5A). Cultured cells were almost pure endothelial cells (SI Appendix, Fig. S9A and B) as described previously for the whole forebrain (14). Interestingly, we found again some changes in the expression of prostanoid-related genes as well as lower expression of the *Nos1* and *Nos3* mRNA in brainstem endothelial cells compared to SCT endothelial cells (SI Appendix, Fig. S10A). When we stimulated the cells with  $CO_2$ , endothelial cells from the brainstem released less NO than the cells from the cortex (Fig. 5B), indicating a different reactivity to  $CO_2$ . Differences in the release of the prostacyclin derivative  $PGF_{1\alpha}$  and  $PGE_2$  were even larger. Brainstem endothelial cells released less of these vasodilative prostanoids in response to  $CO_2$  than SCT endothelial cells (Fig. 5C and D). In contrast, the  $CO_2$ -induced release of thromboxane  $A_2$ , as assessed by  $TXB_2$  concentrations, and the release of  $PGF_{2\alpha}$  did not differ between endothelial cells of the SCT and the brainstem (Fig. 5E and F). Interestingly, vasodilation of RTN arterioles in response to the prostacyclin analog iloprost was diminished in comparison to arterioles of the cortex (Fig. 5G), supporting the role of prostanoids as possibly different between brain areas. All in all, the gene expression data as well as the different release of vasoactive compounds indicate a highly specialized vasculature that supports the functions of the surrounding brain region, such as breathing regulation in the

brainstem. In addition, these findings confirm that NO and prostacyclin mediate  $CO_2$ -induced vasodilation in the cortex.

## Discussion

In this study, we demonstrate a hitherto unknown role of brain endothelial cells in  $CO_2$ -induced hyperemia and show that a loss of this cerebrovascular reactivity affects several effects of  $CO_2$  on the central nervous system (CNS). Interestingly, the impaired  $CO_2$  reactivity is associated with dysfunctions in fear and breathing already with atmospheric  $CO_2$  concentrations. The response of the brain vasculature to  $CO_2$  is thought to be mediated by changes in pH rather than in  $CO_2$  or  $HCO_3^-$  concentrations (4). In keeping with the role of  $H^+$ , GPR4, an endothelial  $H^+$ -sensing GPCR, partially mediates the  $CO_2$ -induced hyperperfusion in the cortex. GPR4 can activate  $G\alpha_{q/11}$  signaling pathways (23) and endothelial  $G\alpha_{q/11}$  signaling, as well as GPR4, are instrumental for the  $CO_2$ -induced vascular response. These findings also suggest that endothelial cells form the first line of chemosensors, which convert metabolic blood changes rapidly into vascular diameter responses. Endothelial cells in the brain play a crucial role in blood flow reactivity, either by conducted hyperpolarization (36) or the release of vasoactive mediators (37). In line with reports that endothelial-derived vasoactive NO is involved in  $CO_2$ -induced CBF increase (38, 39), we found that  $CO_2$  increased NO release in a  $G\alpha_{q/11}$ -dependent manner. The NO-dependent component of the hypercapnia-induced hyperemia in the brain is strongest at low concentrations of  $CO_2$  (40, 41), which fits our finding that a loss of brain endothelial  $G\alpha_{q/11}$  signaling abrogates the CBF response at lower  $CO_2$  concentrations but only partially reduces the response at higher  $CO_2$  concentrations. Whether the released NO is due to eNOS activation is unclear at this stage. Alternatively, the neuronal NO synthase is expressed in endothelial cells and involved in the  $CO_2$ -induced perfusion response in the brain (42, 43). In addition to endothelial cells, pericytes, astrocytes, and neurons may contribute to the residual reactivity that still occurred



**Fig. 5.** Release of vasoactive substances differs between subcortical-telencephalic and brainstem endothelial cells. (A) Scheme of the brain areas that were used for the preparation of area-specific primary endothelial cells. (B) Assessment of NO release by measuring nitrate concentrations in the supernatant of SCT or brainstem endothelial cells after 20-min stimulation with 5% (control) or 15%  $CO_2$ . \*\*\* $P$  < 0.001 (2-way ANOVA with Bonferroni posttest);  $n$  = 4 to 6 per group, 2 independent experiments. (C)  $PGF_{1\alpha}$  as a surrogate for prostacyclin release from SCT or brainstem endothelial cells after 20-min stimulation with 5% (control) or 15%  $CO_2$ . \*\* $P$  < 0.01, \*\*\* $P$  < 0.001 (2-way ANOVA with Bonferroni posttest);  $n$  = 5 to 6 per group, 2 independent experiments. (D)  $PGE_2$  release from SCT or brainstem endothelial cells after 20-min stimulation with 5% (control) or 15%  $CO_2$ . \*\*\* $P$  < 0.001 (2-way ANOVA with Bonferroni posttest);  $n$  = 5 to 6 per group, 2 independent experiments. (E)  $TXB_2$  as a surrogate for  $TXA_2$  release from SCT or brainstem endothelial cells after 20-min stimulation with 5% (control) or 15%  $CO_2$ .  $P$  < 0.05 for treatment condition in 2-way ANOVA;  $n$  = 3 to 5 per group, 2 independent experiments. (F)  $PGF_{2\alpha}$  release from SCT or brainstem endothelial cells after 20-min stimulation with 5% (control) or 15%  $CO_2$ ;  $n$  = 5 to 6 per group, 2 independent experiments. Absolute values of prostanoids released by endothelial cells are shown in SI Appendix, Fig. S10B. (G) Representative traces of diameter measurements in acute cortical and RTN brain slices of C57BL/6 mice during stimulation with 1  $\mu$ M iloprost and quantification thereof (1 arteriole per animal, mean of 3 different sites of each vessel,  $n$  = 3 mice per group). Student's  $t$  test, \* $P$  < 0.05. Data are means  $\pm$  SEM.



at high CO<sub>2</sub> concentrations in  $G\alpha_{q/11}^{beKO}$  mice (44–46). Neurons sense pH changes and modulate cerebrovascular reactivity, mediated most likely by the neuronal NO synthase (46).  $G\alpha_{q/11}$  signaling in brain endothelial cells not only controls the release of vasoactive molecules, but also the activity of ion channels in capillaries (47, 48) that are involved in the regulation of vascular reactivity (36, 49). The activation of endothelial  $G\alpha_{q/11}$  signaling in the brain leads to an arteriolar dilation that depends on NOS activity (50). At the membrane, other, still unidentified endothelial  $G\alpha_{q/11}$ -coupled receptors might contribute to CO<sub>2</sub>-induced cerebrovascular reactivity, but neither GPR68 nor P<sub>2</sub>Y<sub>2</sub>, both of which are involved in endothelial shear stress responses (13, 20), affected the CO<sub>2</sub>-induced perfusion increase.

Currently, the coupling between vessels and neurons is mostly studied in the neuro-to-vascular direction. Conversely, the vascular tone has also a direct impact on neuronal activity in the cortex (51). In support of this idea, our data suggest that impaired CO<sub>2</sub>/H<sup>+</sup>-induced cerebrovascular reactivity modulates the behavioral and respiratory effects of CO<sub>2</sub>. Normal cerebrovascular reactivity apparently attenuates the behavioral effects of CO<sub>2</sub>, probably by facilitating its washout from most parts of the brain (SI Appendix, Fig. S11). If cerebrovascular reactivity fails to maintain CO<sub>2</sub>/H<sup>+</sup> homeostasis in the brain, CO<sub>2</sub>-induced fear is unleashed and helps to avoid exogenous CO<sub>2</sub> sources. In contrast, cerebrovascular reactivity seems to retain CO<sub>2</sub> in the RTN, thereby stimulating the CO<sub>2</sub> effect on respiration and enhancing CO<sub>2</sub> elimination from the body. This concept is in line with the recent finding that constriction of local vessels at the ventral medullary surface of the brainstem increases CO<sub>2</sub>-induced breathing activity, whereas a decreased respiratory response was observed after local vasodilation (26). The unique features of cerebrovascular reactivity in the RTN could be related to lower production of vasodilatory or an increased release of vasoconstrictive mediators upon CO<sub>2</sub>/H<sup>+</sup> stimulation (52). Supporting this idea, we found highly specialized gene expression in vessels of cortex and brainstem. Gene expression favors the synthesis of the vasodilating NO in the cortex or SCT. To assess the endothelial release of vasoactive mediators, we established the primary culture of endothelial cells originating from different brain areas. In these brain area-specific cell populations, CO<sub>2</sub> induced the release of vasodilative factors from endothelial cells of the SCT but not the brainstem. In contrast, CO<sub>2</sub> stimulated the release of thromboxane similarly in both endothelial populations. It was shown before that the synthesis of prostanoids plays a role during hypercapnia-induced perfusion increase (53, 54) and that prostanoids, including the constrictive thromboxane, are released during hypercapnia (54, 55). We conclude that upon CO<sub>2</sub>/H<sup>+</sup> stimulation the release of NO and prostanoids differs in the vessels of different parts of the brain but the initial endothelial  $G\alpha_{q/11}$ -mediated mechanism is the same. It is well described that brain areas respond differently to a hypercapnic stimulus, including negative responses that lead to hypoperfusion (56). In the brainstem, nuclei that are located very close to each other have been described to respond to CO<sub>2</sub> in different ways (26, 56–58). Collectively, all effects seem to serve the goal of removing CO<sub>2</sub> from the brain, with the notable exception of the brainstem (SI Appendix, Fig. S11). Importantly, our findings show that specialization of vessels does not only appear along the vascular tree in the brain (10) but also depends on the surrounding brain area.

Impaired cerebrovascular reactivity has an impact on the behavioral and respiratory functions of mice already when breathing normal air, which may be explained by small fluctuations in blood CO<sub>2</sub> concentration during everyday activities, such as sniffing.

Similar effects occur during speaking or sighing in humans. These small changes are sufficient to affect both the CBF (28) and the pH in brain extracellular fluids (59), and we have shown that short apneic periods increase cortical perfusion in a  $G\alpha_{q/11}$ -dependent manner. Thus, short and rapid vascular responses to even small changes in blood CO<sub>2</sub> levels control normal brain function, at least in CO<sub>2</sub>-sensitive areas. Impaired cerebrovascular reactivity to CO<sub>2</sub> is a key diagnostic feature of endothelial dysfunction (39) that develops in metabolic syndrome and in several vascular diseases (60). Our data suggest that endothelial dysfunction in the brain contributes to the pathogenesis of sleep apnea and anxiety disorders, and maybe other diseases that are often associated with metabolic syndrome (29, 30, 34). Thus, endothelial dysfunction in the brain and altered cerebrovascular reactivity should be considered as a therapeutic target in several diseases, including metabolic syndrome.

## Materials and Methods

**Mice.** Brain endothelial-specific knockout (beKO) animals were generated by crossing the bacterial artificial chromosome (BAC)-transgenic *Slco1c1-CreER*<sup>T2</sup> strain (12), which expresses the tamoxifen-inducible CreER<sup>T2</sup> recombinase under control of the mouse *Slco1c1* regulatory sequences in brain endothelial cells, with mice carrying loxP-flanked alleles. GPR4 and GPR68 whole-genome knockout mice have been described previously (15). All animal experiments were approved by the local animal ethics committee (Regierungspräsidium Karlsruhe; Ministerium für Landwirtschaft, Umwelt und ländliche Räume, Kiel, Germany). For details see SI Appendix.

**Laser Speckle Imaging.** Mice were anesthetized and a small ventilatory tube was inserted into the trachea after tracheotomy and connected to a small animal ventilation device (MiniVent, Harvard Apparatus). Ventilation volume was constant and ventilation frequency was adapted to a physiological expiratory CO<sub>2</sub> concentration of 35 to 45 mmHg that was continuously controlled during the experiments with a capnometer. Laser speckle imaging was performed and regions of interest were set over big cortical vessels. Flux intensities were recorded throughout CO<sub>2</sub> stimulation (10 or 20%, combined with 21% O<sub>2</sub>, rest N<sub>2</sub>) and normalized to baseline values for each region of interest. For details see SI Appendix.

**Arteriolar Reactivity in Acute Brain Slices.** Vascular reactivity of small arterioles in slices of different brain areas was assessed using a protocol that was described previously (26) with slight changes. For details see SI Appendix. Single arterioles were identified in brain slices by typical ring-like labeling (Figs. 2M, 3A, and 4A) and a diameter of >10 μm. RTN slices were taken from the ventral surface below the caudal end of the facial nucleus; amygdala slices were taken 1 to 1.5 mm above the ventral surface of the forebrain and the area between the cortical and thalamic/hypothalamic structures was imaged; cortical vessels were identified in slices taken from the somatosensory cortex.

For further method descriptions see SI Appendix.

**Data Availability.** Microarray data have been deposited in the ArrayExpress database at EMBL-EBI (<https://www.ebi.ac.uk/arrayexpress/>) under accession number E-MTAB-8521. All other original data files are available from the authors upon request.

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